

## Franckesche Stiftungen zu Halle

## Miscellanea Anglicana

# Beuthner, Arnold Christian Jena, 1713

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### Einige Loca aus des Epicteti fürtrefflichem Handbuche

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## Some places taken out of the Enchiridion of Epictetus, the Philosopher.

Ince there are fo many things, that you may defire, remember, that you be not too eagerly fet upon them, but quite to cast aside some of them , and to defer your desire tovvards others for the present: But if you desire to be great and rich at the same timie, perhaps you may miss of being, either, because of those other things, that you defired: hovvever, you shall affuredly miss of those things, vvherein happiness and libertie confist. Defire not those things as happen to fall out, as you would have them; but defire fuch things as happen to come to pass even as they do; and you will be happy. A disease is a hinderance to the body, but not to the resolution of the mind, unless vve vvill make it so. Lameness is a hinderance to the foot, but not to the resolution of the mind. And this confider with your felf upon every event, for you will find, that it is a hinderance to some other. but not to you.

In every thing, that shall happen, remember to turn to your self and enquire, vvhat vertue you have, vvhich you must employ in use of that thing. If you shall see a beautifull man, or a beautifull vvoman, you vvill find the vertue against such things, is continency:

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题 (74) 数 If you must labour hard, or suffer torment, the vertue, you will find against these is, patience: If you should be reproached and reviled, the vertue against this is suffering of evils; and thus external objects shall not surprize you or hurry you avvay. If you will make any progress in Philosophy, cast off all such thoughts, as these; If I shall neglect my bufinefs, I shall not have whereon to live: if I shall not punish my fervant, he will be good for nothing; for it is better to perish with hunger griefless and fearless, then to live in abundance and plenty of all things, melancholy and troubled; and it is better that your fervant shall be good for nothing, then you unhappy. Begin from small matters; is thy oyl spilt, or thy vvine stolen avvay, say to thy selff, that, to be free from passion, will cost so much, and so much, not to be disturbed : and nothing is to be had for nought. And vvhen you shall call your fervant, think, that he may not hear, and if he do hear, not do, what you would, have him; and let it not be so vvell with him, as to be in his povver, to disturb YOU. If you would profit in wisdom, bear it, in respect of outward things, to seem a fool and a filly fellovy; and not to be vvilling, to know any thing; and if you feem to some men, to 数(75)数

be some body, distrust yourself: or know that is is not easy, to keep that resolution of mind, which is agreable to nature and to mind out-ward things: but it must needs be, that he, that will mind the one must neglect the other.

He is Lord of every thing, vvho hath power in those things, that are desired, or not desired by him, either to acquire them, or to deprive himself of them: vvhosoever therefore vvill be a freeman, let him neither covet, nor decline any thing, that is in anothers povver, other vvise he must necessarily be a slave.

When you see a man vveeping, either for ones death, or for his son, that vvas travvelling, or for things, that he hath lost, let not that sight carry you, to think, that this man is in a sad condition, because of these outward things; but presently distinguish vvith yourself, and be ready to say, that it is not that vvhich hath hapned, that troubleth this man, for it doth not trouble another; but his opinion concerning those things; and scruple not to help him, as sar, as your vvords may serve; nay, and if occasion shall be, groan vvith him: but take heed, least invvardly you groan vvith him.

You shall be invincible, if you never firive fore any prize, which is not in our oven povver to vvin.

Remember, that he, that reproacheth, or beateth you, enjures you not, but your opinion

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100 (76) 100 concerning fuch things, that they do injure you, when therefore any shall provoke you, knovy that your oven opinion hath provoked you: therefore in the first place, do your en\_ deavour, not to be fuddenly carryed avvay with fuch objects, as you meet with, for if you but once get time and leafure, you will more easily be master of your self, or overcome your felf. Death and banishment and fuch things, as feem terrible, let them be daily before your eyes, but especially death, and you shall not have any lovy thoughts, nor eagerly long after any thing. Do you desire, to undertake the study of vvisdom? prepare yourfelf forthwith to be laughed at, and fneared at by many: to have men say, he is come to us suddenly a Philoso. pher, and vyhence this lofty look? but you, do not you look loftily: but yet so hold those things, that appear best unto you, as if you vvere fet by God in this station: and remember that if you continue in them, they that before laughed at you, will afterwards admire you, but if you fail of them, you shall be doubly laughed at. For the most part, keep silence, or speak things need full, and in fevy vvords: and feldom and feafonably, let us come to speak, but not of trivial matters, not of duels, not of horse-races, not of vyrastlers, not of meats

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meats and drinks, things by every one talked of; and especially, if you can avoid it, not of men, either praising, or judging them. Laugh not much, nor for too many things, nor to loud.

If you can, vvholly avoid an oath at all ti-

mes, if not, as much, as you can.

Make use of such things, as serve for the body, fo far as they are usefull to the mind; as meat, drink, clothing, house, servants; but refuse, vvhatsoever is for oftentation or deliciousness.

In company of your acquaintance never make a long, or often commemoration of your ovvn doings or dangers, for others take not the same pleasure in hearing, what hath befaln you, as you your self do willingly relate it.

The condition and character of a vulgar man is, that he never expects profit or hurr from himself, but from other things vvithout. But the condition and express character of a Philosopher is, that he expecteth all profit and

hurt from himfelf.

The figns of a proficient are, that he praifeth no man, dispraifeth no man; accuseth no man; he saith nothing of himself, as if he vvere some great man, or that knevv any thing: vvhen he is hindered or prohibited in any business, then he accuseth himself. And though one should praife him, he laughed vvithin himself at him, that praiseth him, although he dispraised him, he makes no Apo-